

(1:39)

Sometimes I think that things aren't fair I get so upset, want to pull out my hair. I try to think, what can I do? Hey, Glassman, here, Now I'm talking to you.

I'll make your problem bigger So it ruins your day. Blow it up in your mind Now it won't go away.

Pay attention to me 'cuz I really matter, And when you get angry You're gonna shatter.

No Glassman, no I won't listen to you. Only I can choose What I want to do.

So I'll calm my mind And my body too, No problem's too big I can't think it through.

I'll take a deep breath, Slowly breathe in and out, That's what relaxing Is all about. Maybe my problem is really small Or it could be the problem's not a problem at all. I'll think good thoughts And find a solution Get you out of my brain You're brainwave pollution!

No Glassman, no I won't listen to you.

Only you can choose What you want to do.

So I'll calm my mind And my body too, No problem's too big I can't think it through.

I can work it out I don't need to shout, That's what Superflex is all about. I can work it out I don't need to shout, That's what Superflex is all about.

Aww, you're hurtin' my feelins' Goodbye Glassman.